Your Vision Board Project

1.00: Analyze ways to manage personal and material resources to achieve goals
1.01: Outline elements of effective management
Purpose:

- As a class, we will reflect on our *needs, wants, and values* to gather some ideas about *long-term and short-term goals* (1.01).
- Once we have brainstormed our goals, we will create a “vision board” to help us visualize your goals to ultimately inspire and encourage us to meet our goals!
What you will need:

- Scissors
- Glue
- Magazine pictures
- Any Decorations (stickers, postcards, scrapbook paper or materials)
- Note cards
- Pen, Marker, Color Pencils
- Storage envelope

And most importantly: Your Visions for your Goals!!
Step 1: Mapping Your Visions

- For this project, you are required to have:
  - 5 Long-term Goals
  - 5 Short-term Goals

- The first step to working towards this project is to “map” your visions on the “My Vision Board Sketch” Activity.
Step 2: Use Empowering Statements!

- For each of your long and short term goals, create a statement of intention on a note card in which you will attach to your vision board.
- Write neatly in pen or type, this will go on your Vision board! Store in envelope.
- An example would be “I am successfully completing the 8th grade with A’s and B’s.”
Step 3: Collecting your Visuals

- Using scissors and magazines, cut pictures of things in addition to the decorative materials you have provided.
- Remember to use your Vision Board Sketch Sheet to help you find what each goal ‘looks like’.
- Store your pictures in an envelope until time to glue down.
Step 4: Planning Your Board

• Lay your pictures out the way you would like to glue them down.
• Try and cover your whole board with pictures like a collage.
• Its always a good idea to plan before you permanently glue to make sure you have enough room 😊
Step 5: Gluing your pictures to your board

- Glue pictures first then glue your statements of intention on top.
- Make sure you get all the edges smoothed.
Step 6: Making your Vision Board

Goals come true!

• If you want to keep your board for a long time, put it in a frame or laminate. Then put it somewhere you will look at it daily!

• Each day, look at your board and reflect on your goals.

• Watch as your visions become real and celebrate your victories!
Sample Vision Boards

[Images of vision boards with various messages and images related to personal growth, inspiration, and well-being.]
Sample Vision Boards
Sample Vision Boards