

June 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
Last Week of School	28	29	30	31	1	2
3 Week 1 All Coaches	4 Strength & Cond. 8:00-10:00 Bball Open Gym 10:00-12:00	5 Strength & Cond. 8:00-10:00 Open Wt Room 10-12 **Summer League Games	6 Strength & Cond. 8:00-10:00 Bball Open Gym 10:00-12:00	7 Strength & Cond. 8:00-10:00 Open Wt Room 10-12 **Summer League Games	8	9
10 Week 2	11 Strength & Cond. 8:00-10:00 Bball Open Gym 10:00-12:00	12 Strength & Cond. 8:30-10:30 Open Wt Room 10-12 **Summer League Games	13 Strength & Cond. 8:00-10:00 Bball Open Gym 10:00-12:00	14 Strength & Cond. 8:00-10:00 Open Wt Room 10-12 **Summer League Games	15	16
17 Week 3	18 Strength & Cond. 8:00-10:00 Bball Open Gym 10:00-12:00	19 Strength & Cond. 8:00-10:00 Open Wt Room 10-12 **Summer League Games	20 Strength & Cond. 8:00-10:00 Bball Open Gym 10:00-12:00	21 Strength & Cond. 8:00-10:00 Open Wt Room 10-12 **Summer League Games	22	23
24 Week 4 Closed Week	25 Strength & Cond. 8:00-10:00	26 Strength & Cond. 8:00-10:00 **Summer League Games	27 Strength & Cond. 8:00-10:00	28 Strength & Cond. 8:00-10:00 **Summer League Games	29	30
NO GYM AVAILABLE-CLEANING AND WAXING GOING ON						

July 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1 Week 5	2	3	4	5	6	7
Closed Week	OFF WEEK-Gyms & Weight Room Closed					
8 Week 6	9 Strength & Cond. 8:00-10:00 Bball Open Gym 10:00-12:00	10 Strength & Cond. 8:00-10:00 Open Wt Room 10-12	11 Strength & Cond. 8:00-10:00 Bball Open Gym 10:00-12:00	12 Strength & Cond. 8:00-10:00 Open Wt Room 10-12	13	14
15 Week 7	16 Strength & Cond. 8:00-10:00 Bball Open Gym 10:00-12:00	17 Strength & Cond. 8:00-10:00 Open Wt Room 10-12	18 Strength & Cond. 8:00-10:00 Bball Open Gym 10:00-12:00	19 Strength & Cond. 8:00-10:00 Open Wt Room 10-12	20	21
22 Week 8	23 Bball Open Gym Open Wt Room 10-12 Volleyball Camp	24 Bball Open Gym Open Wt Room 10-12 Volleyball Camp	25 Bball Open Gym Open Wt Room 10-12 Volleyball Camp	26 Bball Open Gym Open Wt Room 10-12 Volleyball Camp	27	28
29 Week 9	30 Bball Open Gym Open Wt Room 10-12	31 Bball Open Gym Open Wt Room 10-12	1 Bball Open Gym TBA Open Wt Room TBA Volleyball Begins	2 Volleyball Practice Open Wt Room TBA	3	4
					Volleyball Scrimmages	