

Sharyland ISD
Sharyland Pioneer High School
PHYSICAL EDUCATION DEPARTMENT

Name of Instructor: David Duty

Room: Gym

Telephone Number: 956-271-1600

Conference period: 4th period

Course Name: Foundations of Personal Fitness/Team Sports

Credit: 1 = 2 semesters

PHYSICAL EDUCATION

Grading Policy and Expectations

Our goal is for every student to become a life-long active human being by providing the experience of knowledge of sports and physical fitness.

Grading Policy

Categories and Percentages

- Daily grade (Dressing out) 60%
- Participation, skills and classwork 40%

Daily Grade – 60%

Each student is required to dress out every day. Each student will be issued a gray t-shirt and red gym shorts to use until the end of the semester. Students are responsible for bringing their uniform every day. Students must also bring socks and athletic-type shoes to wear. All students will be issued a locker in the PE locker room. Students must bring their own combination lock. No key locks please!!

Each student will begin each week with 100 points for their daily grade. Points will be deducted as follows:

- Not dress out, -20 points. Partial dress, -10 points. Must have athletic shoes every day.
- No participation -20 points.

Every student is required to actively participate as assigned by the instructor. Non-participation will result in a loss of 20 points per day.

If you need to borrow a substitute uniform you may do so with a deduction of 20 points a day. Repeated borrowing of a uniform will result in a phone call to parent and a failing grade for that week.

MATERIALS:

1. Spiral Notebook (Journal Entry)
2. Combination lock (No key lock)
3. T-shirt
4. Shorts
5. Gym Shoes
6. Windpants, and **No tights nor tanks!!!!**

Participation, Skills and Classwork -40%

This includes all classwork either written or skill-related.

Absences/Illness/Tardies

- Excused absence – You must have an excused absence in order to make up the activities missed during your absence.
- Unexcused absence – You will be unable to make up the daily grade and will receive a zero as your daily grade.
- Illness – If a student is unable to participate due to illness or injury, he/she must provide the following on a note from parent or guardian:
 1. Student's name
 2. Date
 3. Cause of illness/injury
 4. Phone number where parent can be reached
 5. Parent's/guardian's signature

This note will only excuse the student for one day. Students may be excused from certain physical activities but not necessarily from all activities. Students will still be required to dress out for that day. If a student's illness is serious enough to constitute non-participation from PE for several days, a doctor's excuse is required. The district does not accept excuses written by non-U.S. doctors. All the excuses will be kept on file. Girls will not be excused from dressing out or participating due to menstrual cramps/cycle unless a doctor's excuse is received.

Medical History

Students must report all medical problems or limitations to their coach. If certain physical activities are restricted, you must provide your coach and school nurse with a

doctor's excuse. Coaches are not responsible for any limitation not reported with appropriate documentation.

Tardies

- All students will be given 10 minutes after the tardy bell to dress out and be in their assigned seats. If a student is not in their seat at that time, he/she will receive a tardy. Persistent tardies will result in a referral.

Class Expectations

Locker Room/Gym

Appropriate behavior of a lady and gentleman is expected of our students. There will be zero tolerance of misconduct that is profane or harassing in nature. It is your responsibility to ensure that your belongings are appropriately secured in your assigned locker. If you do not want something to get lost or stolen, then keep it at home. We are not responsible for items getting lost or stolen. The following rules pertain to the locker room as well as inside the gym:

- No profanity
- No fighting
- No hazing
- No sexual harassment
- No food, drinks, or gum

Showers/Bathroom stalls

1. Only 1 person will be allowed in a stall at a time
2. No one will be allowed to be barefoot in this area
3. No sharing of towels
4. You are expected to keep this area clean and neat

Electronic devices and cell phones

No electronic or cell phone devices will be allowed or used in class. These items will be confiscated and turned into the office. Students will follow waiting period procedure and pay fee as set forth by the Sharyland ISD rules.

- **Class expectation is 100% participation!**

I have read all these rules and agree to abide by them as a member of this class.

_____	_____	_____
Printed Student Name	Student Signature	Date
_____	_____	_____
Printed Parent/Guardian Name	Parent/Guardian Signature	Date